## Exercise Sheet 1

To be handed in until September 27

c

## 1. Lower bounds on the total absolute curvature

(a) Prove that a closed regular curve  $\gamma$  in  $\mathbb{R}^2$  has

$$\int_{\gamma} |k| \, ds \ge 2\pi.$$

(b) Prove that a closed regular curve  $\gamma$  in  $\mathbb{R}^3$  has

$$\int_{\gamma} |k| \, ds \ge \pi.$$

(c\*) (Fenchel's Theorem) Any closed regular curve  $\gamma$  in  $\mathbb{R}^3$  has

$$\int_{\gamma} |k| \, ds \ge 2\pi.$$

Moreover, there is an equality if and only if  $\gamma$  is a plane convex curve.

(d) Recall (Milnor) that a knotted regular curve in  $\mathbb{R}^3$  has  $\int_{\gamma} |k| ds \ge 4\pi$ . Prove: This bound is sharp, i.e. this cannot be improved to

$$\int_{\gamma} |k| \, ds \geq a$$

for any  $a > 4\pi$ .

## 2. For those new to topology

- (a) Let X be a topological space. Show that if X is path-connected, then X is connected.
- (b) Show that the continuous image of a connected topological space is connected.
- (c) Let  $U \subseteq \mathbb{R}^n$  be open set. Show that if U is connected, then it is pathconnected.
- (d) Show that the continuous image of a compact topological space is compact.
- (e) Let X be a compact and Hausdorff topological space. Show that a subset  $A \subset X$  is compact iff it is closed.