The most important exercises are marked with an asterisk *.

*2.1. Let (M, ω) be a closed symplectic manifold of positive dimension. Show that ω is not exact.

Solution. Assume M is of dimension 2n. We saw that $\Omega \coloneqq \omega^{\wedge n}$ is a volume form on M and hence does not vanish anywhere. We equip M with the orientation induced by Ω . It follows that the integral $\int_M \omega^{\wedge n}$ is positive.

Assume for contradiction that ω is exact and let α be a 1-form such that $\omega = d\alpha$. It follows from Leibniz rule that

$$\mathbf{d}(\alpha \wedge \omega^{\wedge (n-1)}) = \omega^{\wedge n}.$$

Stokes theorem now implies that

$$\int_M \omega^{\wedge n} = \int_{\partial M} \alpha \wedge \omega^{\wedge (n-1)},$$

where ∂M denotes the boundary of M. Since the left-hand side is positive, it follows that the boundary ∂M is non-empty. This contradicts the assumption that M is a closed (i.e. compact without boundary) manifold.

*2.2. Let (M, ω) be a symplectic manifold, $H, K: [0, 1] \times M \to \mathbb{R}$ be two smooth Hamiltonian functions and $\chi \in \text{Symp}(M, \omega)$.

(a) Show that $\psi_t^H \circ \psi_t^K$ is generated by

$$(H \# K)_t = H_t + K_t \circ (\psi_t^H)^{-1}.$$

Solution. We compute

$$d (H \# K)_t = dH_t + dK_t \circ d(\psi_t^H)^{-1}$$

= $-\omega(X_t^H, -) - \omega \left(X_t^K \circ \left(\psi_t^H\right)^{-1}, d(\psi_t^H)^{-1}(-) \right)$
= $-\omega(X_t^H, -) - \omega \left(d\psi_t^H \left(X_t^K \circ \left(\psi_t^H\right)^{-1} \right), - \right)$
= $-\omega \left(X_t^H + \left(\psi_t^H\right)_* (X_t^K), - \right),$

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hence $X_t^{H\#K} = X_t^H + (\psi_t^H)_* (X_t^K)$. In the third inequality we used that ψ_t^H is symplectic. Moreover,

$$\begin{aligned} \frac{\mathrm{d}}{\mathrm{d}t} \left(\psi_t^H \circ \psi_t^K \right) &= \left(\frac{\mathrm{d}}{\mathrm{d}t} \psi_t^H \right) \circ \psi_t^K + \mathrm{d}\psi_t^H \left(\frac{\mathrm{d}}{\mathrm{d}t} \psi_t^K \right) \\ &= X_t^H \circ \psi_t^H \circ \psi_t^K + \mathrm{d}\psi_t^H \left(X_t^K \circ \psi_t^K \right) \\ &= X_t^{H \# K} \circ \left(\psi_t^H \circ \psi_t^K \right) \end{aligned}$$

which proves the claim.

(b) Show that $(\psi_t^H)^{-1}$ is generated by $\overline{H}_t = -H_t \circ \psi_t^H.$

Solution. We proceed as before:

$$d\overline{H}_{t} = -dH_{t} \circ d\psi_{t}^{H}$$

$$= \omega \left(X_{t}^{H} \circ \psi_{t}^{H}, d\psi_{t}^{H}(-) \right)$$

$$= \omega \left(d \left(\psi_{t}^{H} \right)^{-1} \left(X_{t}^{H} \circ \psi_{t}^{H} \right), - \right)$$

$$= \omega \left(\left(\psi_{t}^{H} \right)^{*} \left(X_{t}^{H} \right), - \right),$$

hence $X_t^{\overline{H}} = -(\psi_t)^* (X_t^H)$. On the other hand

$$0 = \frac{\mathrm{d}}{\mathrm{d}t} \left(\psi_t^H \circ \left(\psi_t^H \right)^{-1} \right)$$
$$= \left(\frac{\mathrm{d}}{\mathrm{d}t} \psi_t^H \right) \circ \left(\psi_t^H \right)^{-1} + \mathrm{d}\psi_t^H \left(\frac{\mathrm{d}}{\mathrm{d}t} \left(\psi_t^H \right)^{-1} \right)$$
$$= X_t^H + \mathrm{d}\psi_t^H \left(\frac{\mathrm{d}}{\mathrm{d}t} \left(\psi_t^H \right)^{-1} \right),$$

hence

$$\frac{\mathrm{d}}{\mathrm{d}t} \left(\psi_t^H \right)^{-1} = -\mathrm{d} \left(\psi_t^H \right)^{-1} \left(X_t^H \right) = X_t^{\overline{H}} \circ \left(\psi_t^H \right)^{-1}.$$

(c) Show that $\chi^{-1}\psi_t^H\chi$ is generated by $H_t \circ \chi$.

Solution. We compute

$$d(H_t \circ \chi) = dH_t \circ d\chi$$

= $-\omega \left(X_t^H \circ \chi, d\chi(-) \right)$
= $-\omega \left(d\chi^{-1} \left(X_t^H \circ \chi \right), - \right),$

hence $X_t^{H \circ \chi} = \chi^*(X_t^H)$. Therefore

$$\frac{\mathrm{d}}{\mathrm{d}t} \left(\chi^{-1} \psi_t^H \chi \right) = \mathrm{d}\chi^{-1} \left(\frac{\mathrm{d}}{\mathrm{d}t} \psi_t^H \circ \chi \right)$$
$$= \chi^* \left(\frac{\mathrm{d}}{\mathrm{d}t} \psi_t^H \right) = \chi^* (X_t^H \circ \psi_t^H) = X_t^{H \circ \chi} \circ \left(\chi^{-1} \psi_t^H \chi \right)$$

(d) Deduce from parts (a), (b) and (c) that $\operatorname{Ham}(M, \omega)$ is a normal subgroup of $\operatorname{Symp}(M, \omega)$.

Solution. (a) and (b) show that $\operatorname{Ham}(M, \omega) \subset \operatorname{Symp}(M)$ is closed under composition and inverse. It is therefore a subgroup. (c) shows that $\operatorname{Ham}(M, \omega)$ is closed under conjugation by an element in $\operatorname{Symp}(M, \omega)$. $\operatorname{Ham}(M, \omega)$ is therefore normal in $\operatorname{Symp}(M, \omega)$.

2.3. Find an example of a symplectic manifold (M, ω) (without boundary) and a smooth function $H: [0, +\infty) \times M \to \mathbb{R}$ such that the domain \mathcal{D}_H of the Hamiltonian flow ψ^H is not equal to $[0, +\infty) \times M$. This flow is by definition the flow of the time-dependent Hamiltonian vector field X^{H_t} , which is defined by $-dH^t = \omega(X^{H_t}, \cdot)$.

Find an example in which ψ_t^H is not surjective for some t.

Solution. Consider

$$M \coloneqq (0, +\infty) \times \mathbb{R}, \qquad \omega \coloneqq \omega_0, \qquad H \colon [0, +\infty) \times M \to \mathbb{R}, \qquad H(t, q, p) = -p.$$

We show that the domain of the Hamiltonian flow φ_H is

$$\mathcal{D}_H = \{ (t, q, p) \mid t < q \}.$$

Indeed, Hamilton's equations for H are

$$\dot{q} = \frac{\partial H}{\partial p} = -1, \qquad \dot{p} = -\frac{\partial H}{\partial q} = 0.$$

The unique maximal solution of these equations starting at $(q, p)(0) = (q_0, p_0)$ is

$$(q,p): [0,q_0) \to M, \qquad (q,p)(t) = (q_0 - t, p_0).$$

Since M is given by $M = (0, \infty) \times \mathbb{R}$ we cannot extend this solution beyond $t = q_0$. Consider now

 $M := (0, +\infty) \times \mathbb{R}, \qquad \omega := \omega_0, \qquad H \colon [0, +\infty) \times M \to \mathbb{R}, \qquad H(t, q, p) = p.$ Then we have

$$\psi_t^H \colon \mathcal{M} \to M, \qquad \psi_t^H(q_0, p_0) = (q_0 + t, p_0).$$

The map φ_t^H is not surjective for t > 0.

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*2.4. This problem is intended for students who are not yet familiar with the Lie derivative and Cartan's formula. Let $I \subset \mathbb{R}$ be an open interval, M a closed smooth manifold and $f: I \times M \to M$ a smooth function such that $f_s \in \text{Diff}(M)$ for all $s \in I$. Let $k \geq 1$ and $\omega \in \Omega^k(M)$ a differential k-form on M.

The goal of this exercise is to prove Cartan's formula:

$$\frac{\mathrm{d}}{\mathrm{d}s}f_s^*\omega = f_s^*(\iota_{X_s}\mathrm{d}\omega + d\iota_{X_s}\omega),$$

where X_s is the time-dependent vector field on M defined by

$$\frac{\mathrm{d}}{\mathrm{d}s}f_s = X_s \circ f_s.$$

For $s \in I$ consider the linear map

$$T_s: \Omega^k(I \times M) \to \Omega^{k-1}(M),$$

defined by

$$(T_s\sigma)_x(w_1,\ldots,w_{k-1}) = \sigma_{(s,x)}((1,0),(0,w_1),\ldots,(0,w_{k-1}))$$

for $x \in M$ and $w_1, \ldots, w_{k-1} \in T_x M$. Here we use the decomposition

$$T_{(s,x)}(I \times M) \cong T_s \mathbb{R} \oplus T_x M \cong \mathbb{R} \oplus T_x M.$$

(a) Let $f \in C^{\infty}(I \times M)$ and $\alpha \in \Omega^{k-1}(M)$. Prove that for $\sigma = f \, \mathrm{d} s \wedge \pi^* \alpha$ we have

$$\frac{\mathrm{d}}{\mathrm{d}s}i_s^*\sigma = (T_s\mathrm{d} + \mathrm{d}T_s)\sigma,$$

where $i_s: M \to I \times M$, $i_s(x) = (s, x)$ and $\pi: I \times M \to M$, $\pi(s, x) = x$.

Solution. We show that both sides of the equality vanish.

Note that for $s_0 \in I$, we have $i_{s_0}^*(ds) = d(s \circ i_{s_0}) = ds_0 = 0$. Therefore

$$i_{s_0}^*\sigma = (f \circ i_{s_0}) \operatorname{d}(s \circ i_{s_0}) \wedge i_{s_0}^*\pi^*\alpha = 0$$

and thus $i_s^* \sigma = 0$. It follows that

$$\frac{\mathrm{d}}{\mathrm{d}s}i_s^*\sigma = 0.$$

To show the right-hand side vanishes, we note that the form ds doesn't vanish only if we feed it vectors spanned by (1,0), whereas $\pi^*\alpha$ doesn't vanish at a point $(s, x) \in I \times M$ only on vectors of the form (v, w) for $w \in T_x M$, $w \neq 0$ (here, v can be any vector in $T_s I$). Therefore:

$$\begin{aligned} (T_s d\sigma)_x (w_1, \dots, w_k) \\ &= d\sigma_{(s,x)} \Big((1,0), (0,w_1), \dots, (0,w_k) \Big) \\ &= (df \wedge ds \wedge \pi^* \alpha - f ds \wedge \pi^* d\alpha)_{(s,x)} \Big((1,0), (0,w_1), \dots, (0,w_k) \Big) \\ &\stackrel{(\diamondsuit)}{=} - (df \wedge \pi^* \alpha)_{(s,x)} \Big((0,w_1), \dots, (0,w_k) \Big) - (f \ \pi^* d\alpha)_{(s,x)} \Big((0,w_1), \dots, (0,w_k) \Big) \\ &= - (df \wedge \pi^* \alpha)_{(s,x)} (di_s)_x (w_1, \dots, w_k) - (f \ \pi^* d\alpha)_{(s,x)} (di_s)_x (w_1, \dots, w_k) \\ &= - \Big(d(f \circ i_s) \wedge \alpha + (f \circ i_s) d\alpha \Big)_x (w_1, \dots, w_k) \end{aligned}$$

We obtained equality (\diamond) by feeding (1,0) to ds (this also introduced a minus sign in the first term, because of the 1-form df in front of ds). In the last equality, we used $\pi \circ i_s = \text{id}$ to get rid of π^* .

Before calculating $dT_s\sigma$, note that:

$$(T_s \sigma)_x (w_1, \dots, w_{k-1}) = \sigma_{s,x} ((w_1, \dots, w_{k-1}))$$

= $(f \, \mathrm{d} s \wedge \pi^* \alpha)_{(s,x)} ((1,0), (0, w_1), \dots, (0, w_{k-1}))$
 $\stackrel{(\bigstar)}{=} (f \, \pi^* \alpha)_{(s,x)} ((0, w_1), \dots, (0, w_{k-1}))$
= $(f \, \pi^* \alpha)_{(s,x)} (\mathrm{d} i_s)_x (w_1, \dots, w_{k-1})$
 $\stackrel{(\bigstar)}{=} ((f \circ i_s) \alpha)_x (w_1, \dots, w_{k-1}),$

where in (\bigstar) we fed (1,0) to ds as above, and in (\clubsuit) we used $\pi \circ i_s = \text{id.}$ In the last equality, f became $f \circ i_s$ because in the end we switched from calculating the form at the point $(s, x) \in I \times M$ to the point $x \in M$ (and recall that f is a function on $I \times M$). Taking the exterior derivative of $T_s \sigma$ and using the above calculation, we get:

$$\mathrm{d}T_s\sigma = \mathrm{d}\big((f \circ i_s) \;\alpha\big) = \mathrm{d}(f \circ i_s) \wedge \alpha + (f \circ i_s)\mathrm{d}\alpha = -T_s\mathrm{d}\sigma.$$

In particular, both sides of the claimed equality are 0.

(b) Let $f \in C^{\infty}(I \times M)$ and $\beta \in \Omega^{k}(M)$. Prove that for $\sigma = f \pi^{*}\beta$, we have

$$\frac{\mathrm{d}}{\mathrm{d}s}i_s^*\sigma = (T_s\mathrm{d} + \mathrm{d}T_s)\sigma.$$

Solution. Firstly, note that since $\pi \circ i_s = \text{id}$, we have $i_s^* \sigma = (i_s^* f)(\pi \circ i_s)^* \beta = (f \circ i_s)\beta$. Therefore, if we denote $f_s := f \circ i_s$, we get

$$\frac{\mathrm{d}}{\mathrm{d}s}i_s^*\sigma = \left(\frac{\mathrm{d}}{\mathrm{d}s}f_s\right)\beta.$$

On the one hand, β is a form on M and thus $T_s\sigma = T_s(f \pi^*\beta)$ vanishes if we feed it the vector (1,0). Thus we have $T_s\sigma = 0$, and consequently $dT_s\sigma = 0$.

On the other hand, we have

$$\mathrm{d}\sigma = \mathrm{d}f \wedge \pi^*\beta + f\pi^*\mathrm{d}\beta$$

and applying T_s to $d\sigma$, we get:

$$(T_{s}d\sigma)_{x}(w_{1},\ldots,w_{k})$$

$$= \left(df \wedge \pi^{*}\beta + f\pi^{*}d\beta\right)_{(s,x)}\left((1,0),(0,w_{1}),\ldots,(0,w_{k})\right)$$

$$\stackrel{(\heartsuit)}{=} df_{(s,x)}\left((1,0)\right) \left(\pi^{*}\beta\right)_{(s,x)}\left((0,w_{1}),\ldots,(0,w_{k})\right)$$

$$+ \left(f\pi^{*}d\beta\right)_{(s,x)}\left((1,0),(0,w_{1}),\ldots,(0,w_{k})\right)$$

$$= df_{(s,x)}\left((1,0)\right) \left(\pi^{*}\beta\right)_{(s,x)}\left((0,w_{1}),\ldots,(0,w_{k})\right)$$

$$= df_{(s,x)}\left((1,0)\right) \beta_{x}(w_{1},\ldots,w_{k})$$

$$= \frac{d}{ds}f(s,x) \beta_{x}(w_{1},\ldots,w_{k})$$

$$= \frac{d}{ds}f(s,x) \beta_{x}(w_{1},\ldots,w_{k})$$

$$= \frac{d}{ds}f_{s}(x) \beta_{x}(w_{1},\ldots,w_{k})$$

$$= \left(\left(\frac{d}{ds}f_{s}\right) \beta\right)_{x}(w_{1},\ldots,w_{k})$$

where, in (\heartsuit) we fed the vector (1,0) to df because, after writing out the definition of the wedge product and applying it to the given vectors, in all the other terms we would be feeding (1,0) to $\pi^*\beta$ and in that case:

$$\pi^*\beta((1,0),\dots) = \beta(d\pi(1,0),\dots) = \beta(0,\dots) = 0.$$

The second term in equality (\heartsuit) vanishes for the same reason, i.e. since $d\pi((1,0)) = 0$. In equality (\blacktriangle), we rewrote the vector (1,0) as $\frac{\partial}{\partial s}$ and then used the definition of the differential:

$$\mathrm{d}f_{(s,x)}\left(\frac{\partial}{\partial s}\right) = \frac{\mathrm{d}}{\mathrm{d}s}f(s,x).$$

The result follows.

(c) Deduce from parts (a) and (b) that

$$\frac{\mathrm{d}}{\mathrm{d}s}i_{s}^{*}\sigma=(T_{s}\mathrm{d}+\mathrm{d}T_{s})\sigma$$

for every $\sigma \in \Omega^k(I \times M)$.

Solution. Every k-form σ on $I \times M$ is a linear combination of forms of the type $f \, ds \wedge \pi^* \alpha$ as in (a) and forms of the type $f \pi^* \beta$ as in (b). The formula follows from the previous steps and linearity.

(d) Prove Cartan's formula.

Solution. Note that now $f: I \times M \to M$ denotes a smooth function such that $f_s = f \circ i_s \in \text{Diff}(M)$ for all $s \in I$. We still denote by $i_s: M \to I \times M$ the map given by $i_s(x) = (s, x)$.

Using the previous part of the exercise, we get:

$$\left(\frac{\mathrm{d}}{\mathrm{d}s}f_{s}^{*}\omega\right)_{x}(w_{1},\ldots,w_{k})$$

$$= \left(\frac{\mathrm{d}}{\mathrm{d}s}(f\circ i_{s})^{*}\omega\right)_{x}(w_{1},\ldots,w_{k})$$

$$= \left(\frac{\mathrm{d}}{\mathrm{d}s}i_{s}^{*}f^{*}\omega\right)_{x}(w_{1},\ldots,w_{k})$$

$$= \left((T_{s}\mathrm{d}+\mathrm{d}T_{s})f^{*}\omega\right)_{x}(w_{1},\ldots,w_{k})$$
(1)

For the first term in line (1), using the definition of T_s , rewriting (1,0) as $\frac{\partial}{\partial s}$

and using the definition of a differential as in the previous part, we get:

$$\begin{aligned} (T_s df^* \omega)_x(w_1, \dots, w_k) \\ &= (f^* d\omega)_{(s,x)} \Big((1,0), (0,w_1), \dots (0,w_k) \Big) \\ &= (d\omega)_{f(s,x)} \Big(df((1,0)), df((0,w_1)), \dots, df((0,w_k)) \Big) \Big) \\ &= (d\omega)_{f(s,x)} \left(\frac{d}{ds} f, df((0,w_1)), \dots, df((0,w_k)) \right) \\ &= (d\omega)_{f_s(x)} \left(\frac{d}{ds} f_s, df_s(w_1), \dots, df_s(w_k) \right) \\ &= (d\omega)_{f_s(x)} \Big(X_s \circ f_s, df(w_1), \dots, df(w_k) \Big) \\ &= (\ell_{X_s} d\omega)_{f_s(x)} \Big(df(w_1), \dots, df(w_k) \Big) \\ &= (f_s^*(\ell_{X_s} d\omega))_x(w_1, \dots, w_k). \end{aligned}$$

In the following calculation of second term in line (1), by the notation \hat{w}_i , we mean that the vector field w_i is omitted. Using the definition of the exterior

derivative and same steps in the above calculations, we obtain:

$$\begin{split} \left(\mathrm{d}T_s f^*\omega\right)_x(w_1,\ldots,w_k) \\ &= \sum_{i=1}^k (-1)^i w_i \Big((T_s f^*\omega)_x(w_1,\ldots,\hat{w}_i,\ldots,w_k)\Big) \\ &+ \sum_{1\leq i< j\leq k} (-1)^{i+j} (T_s f^*\omega)_x \Big([w_i,w_j],w_1,\ldots,\hat{w}_i,\ldots,w_k\Big) \\ &= \sum_{i=1}^k (-1)^i w_i \Big((f^*\omega)_{(s,x)} \Big((1,0),(0,w_1),\ldots,(0,\hat{w}_i),\ldots,(0,w_k)\Big)\Big) \\ &+ \sum_{1\leq i< j\leq k} (-1)^{i+j} (f^*\omega)_{(s,x)} \Big((1,0),(0,[w_i,w_j]),(0,w_1),\ldots,(0,\hat{w}_i),\ldots,(0,w_k)\Big) \\ &= \sum_{i=1}^k (-1)^i w_i \Big(\omega_{f(s,x)} \Big(\mathrm{d}f(1,0),\mathrm{d}f(0,w_1),\ldots,\mathrm{d}f(\hat{0},w_i),\ldots,\mathrm{d}f(\hat{0},w_i)\Big) \\ &+ \sum_{1\leq i< j\leq k} (-1)^{i+j} \omega_{f(s,x)} \Big(\mathrm{d}f(1,0),\mathrm{d}f(0,[w_i,w_j]),\mathrm{d}f(0,w_1),\ldots,\mathrm{d}f(\hat{0},w_i),\ldots,\mathrm{d}f(0,w_k)\Big) \\ &= \sum_{i=1}^k (-1)^i w_i \left(\omega_{f_s(x)} \Big(\frac{\mathrm{d}}{\mathrm{ds}}f_s,\mathrm{d}f_s(w_1),\ldots,\mathrm{d}f_s(w_i),\ldots,\mathrm{d}f_s(w_i)\Big) \Big) \\ &+ \sum_{1\leq i< j\leq k} (-1)^{i+j} \omega_{f_s(x)} \Big(\frac{\mathrm{d}}{\mathrm{ds}}f_s,\mathrm{d}f_s(w_i),\ldots,\mathrm{d}f_s(w_i)\Big) \Big) \\ &+ \sum_{1\leq i< j\leq k} (-1)^{i+j} \omega_{f_s(x)} \Big(\frac{\mathrm{d}}{\mathrm{ds}}f_s,\mathrm{d}f_s(w_i),\ldots,\mathrm{d}f_s(w_i),\ldots,\mathrm{d}f_s(w_k)\Big) \Big) \\ &+ \sum_{1\leq i< j\leq k} (-1)^{i+j} \omega_{f_s(x)} \Big(X_s\circ f_s,\mathrm{d}f_s(w_i),\ldots,\mathrm{d}f_s(w_i),\ldots,\mathrm{d}f_s(w_i),\ldots,\mathrm{d}f_s(w_k)\Big) \\ &= \sum_{i=1}^k (-1)^i w_i \Big(\omega_{f_s(x)} \Big(\mathrm{d}f_s(w_1),\ldots,\mathrm{d}f_s(w_i),\ldots,\mathrm{d}f_s(w_k)\Big) \Big) \\ &+ \sum_{1\leq i< j\leq k} (-1)^{i+j} \omega_{f_s(x)} \Big(\mathrm{d}f_s(w_i),\ldots,\mathrm{d}f_s(w_i),\ldots,\mathrm{d}f_s(w_k)\Big) \Big) \\ &+ \sum_{1\leq i< j\leq k} (-1)^{i+j} (f_s(w_{f_s(x)}) \Big(\mathrm{d}f_s(w_{i}),\ldots,\mathrm{d}f_s(w_{i}),\ldots,\mathrm{d}f_s(w_{i}),\ldots,\mathrm{d}f_s(w_{k})\Big) \\ &= \sum_{i=1}^k (-1)^i w_i \Big((f_s^* t_{X_s}\omega)_x (w_1,\ldots,\hat{w}_i,\ldots,w_k)\Big) \\ &+ \sum_{1\leq i< j\leq k} (-1)^{i+j} (f_s^* t_{X_s}\omega)_x ([w_i,w_j],w_1,\ldots,\hat{w}_i,\ldots,w_k) \\ &= (\mathrm{d}f_s^* t_{X_s}\omega)_x(w_1,\ldots,w_k). \end{split}$$

Finally, putting everything together and using commutativity of exterior deriva-

tive with pullbacks, we get:

$$\frac{\mathrm{d}}{\mathrm{d}s}f_s^*\omega = (T_s\mathrm{d} + \mathrm{d}T_s)f^*\omega = f_s^*(\iota_{X_s}\mathrm{d}\omega) + \mathrm{d}f_s^*\iota_{X_s}\omega = f_s^*(\iota_{X_s}\mathrm{d}\omega + \mathrm{d}\iota_{X_s}\omega).$$

This completes the proof.

(e) Let $X \in \Gamma(TM)$ be a smooth vector field on M and let ψ_t be its flow. The Lie derivative $\mathcal{L}_X \omega \in \Omega^k(M)$ is defined by

$$\mathcal{L}_X \omega = \frac{\mathrm{d}}{\mathrm{d}t} \bigg|_{t=0} \psi_t^* \omega.$$

Show that

$$\mathcal{L}_X \omega = \iota_X \mathrm{d}\omega + \mathrm{d}\iota_X \omega.$$

Solution. This follows directly from Cartan's formula for $f_s = \psi_s$, $X_s = X$ and s = 0.