

Chapter 6: L^p martingales ($p > 1$)

- Outline: 1) Doob maximal inequalities
 2) Martingales bounded in L^p ($p > 1$)

We work on a probability space $(\Omega, \mathcal{F}, \mathbb{P})$ and $(\mathcal{F}_n)_{n \geq 0}$ is a filtration with $\mathbb{R} \subset \mathcal{F}_0 \subset \mathcal{F}_1 \subset \dots \subset \mathcal{F}$

1) Doob maximal inequalities

Theorem (Doob maximal inequalities)

① Let (M_n) be a submartingale. Then for every $a > 0$ and $n \geq 0$:

$$a \mathbb{P}\left(\max_{0 \leq k \leq n} M_k \geq a\right) \leq \mathbb{E}\left[M_n \mathbb{1}_{\left\{\max_{0 \leq k \leq n} M_k \geq a\right\}}\right] \leq \mathbb{E}[M_n^+] \quad \text{with } M_n^+ = \max(M_n, 0)$$

② Let (M_n) be a martingale and set $M_n^* = \max_{0 \leq k \leq n} |M_k|$. Then for every $a > 0$ and $n \geq 0$:

$$a \mathbb{P}(M_n^* \geq a) \leq \mathbb{E}[|M_n| \mathbb{1}_{M_n^* \geq a}] \leq \mathbb{E}[|M_n|]$$

Remarks • ② follows immediately from ①: if (M_n) is a martingale, then $(|M_n|)$ is a submartingale

• The inequality ② just comes from $M_n \mathbb{1}_{\{\max_{0 \leq k \leq n} M_k \geq a\}} \leq M_n^+$.

• In ① Markov's inequality gives $a \mathbb{P}(\max_{0 \leq k \leq n} M_k \geq a) \leq a \mathbb{P}(\max_{0 \leq k \leq n} M_k^+ \geq a) \leq \mathbb{E}[\max_{0 \leq k \leq n} M_k^+]$.

Since $M_n^+ \leq \max_{0 \leq k \leq n} M_k^+$, the theorem gives a better bound.

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Proof of ① The idea is to introduce the stopping time $T = \inf\{n \geq 0: M_n \geq a\}$ with the usual convention $\inf \emptyset = \infty$.

We have $T \leq n$ iff $\max_{0 \leq k \leq n} M_k \geq a$, so $a \mathbb{P}(\max_{0 \leq k \leq n} M_k \geq a) = \sum_{k=0}^n a \mathbb{P}(T=k) = \sum_{k=0}^n \mathbb{E}[a \mathbb{1}_{T=k}]$

But $T=k$ implies $M_k \geq a$, so $a \mathbb{P}(\max_{0 \leq k \leq n} M_k \geq a) \leq \sum_{k=0}^n \mathbb{E}[M_k \mathbb{1}_{T=k}]$. But (M_n) is a submartingale, so $\mathbb{E}[M_n | \mathcal{F}_k] \geq M_k$

Thus $\mathbb{E}[M_k \mathbb{1}_{T=k}] \leq \mathbb{E}[\mathbb{E}[M_n | \mathcal{F}_k] \mathbb{1}_{T=k}] =$

$= \mathbb{E}[M_n \mathbb{1}_{T=k}]$ because $\mathbb{1}_{T=k}$ is \mathcal{F}_k measurable (T is a stopping time)

We conclude that $\mathbb{P}(\max_{0 \leq k \leq n} M_k \geq a) \leq \sum_{k=0}^n \mathbb{E}[M_n \mathbb{1}_{T \geq k}] = \mathbb{E}[M_n \mathbb{1}_{T \leq n}] = \mathbb{E}[M_n \mathbb{1}_{\max_{0 \leq k \leq n} M_k \geq a}]$, which completes the proof.

Theorem (Doob L^p inequality) Fix $p > 1$.

- ① Let $(M_n)_{n \geq 0}$ be a non-negative submartingale. Then for every $n \geq 0$ $\mathbb{E}[\max_{0 \leq k \leq n} M_k]^p \leq (\frac{p}{p-1})^p \mathbb{E}[M_n]^p$
- ② Let $(M_n)_{n \geq 0}$ be a martingale. Then, with $M_n^* = \max_{0 \leq k \leq n} |M_k|$, $\mathbb{E}[(M_n^*)^p] \leq (\frac{p}{p-1})^p \mathbb{E}[M_n]^p$

Remarks. As before, ② follows from ①: if $(M_n)_{n \geq 0}$ is a martingale, $(|M_n|)$ is a non-negative submartingale. $(\frac{p}{p-1})^p \rightarrow \infty$ as $p \rightarrow 1$, which explains why there is no L^1 Doob inequality.

The proof of ① uses two ingredients

Lemma (Hölder's inequality) Let $q > 1$ be such that $\frac{1}{p} + \frac{1}{q} = 1$. Let X, Y be real-valued r.v. with $X \in L^p$ and $Y \in L^q$. Then $\mathbb{E}[|XY|] \leq \mathbb{E}[|X|^p]^{1/p} \mathbb{E}[|Y|^q]^{1/q}$ (often written as $\|XY\|_1 \leq \|X\|_p \|Y\|_q$)

Proof First note that for $a, b \geq 0$ $ab \leq \frac{a^p}{p} + \frac{b^q}{q}$. Indeed, if $a=0$ or $b=0$ it is clearly true. If $a, b > 0$, using concavity of \ln write $\ln(\frac{1}{p} a^p + \frac{1}{q} b^q) \geq \frac{1}{p} \ln(a^p) + \frac{1}{q} \ln(b^q) = \ln a + \ln b$, which gives $ab \leq \frac{a^p}{p} + \frac{b^q}{q}$. Then, we may assume that $\mathbb{E}[|X|^p] > 0$ and $\mathbb{E}[|Y|^q] > 0$, otherwise $X=0$ a.s. or $Y=0$ a.s. and the result is true. By dividing X by $\mathbb{E}[|X|^p]^{1/p}$ and Y by $\mathbb{E}[|Y|^q]^{1/q}$, we may assume $\mathbb{E}[|X|^p] = 1$ and $\mathbb{E}[|Y|^q] = 1$. Then write $|XY| \leq \frac{|X|^p}{p} + \frac{|Y|^q}{q}$, which gives $\mathbb{E}[|XY|] \leq \frac{1}{p} + \frac{1}{q} = 1$.

Lemma (moment-tail)

Let $X \geq 0$ be a r.v. then for every $p > 0$ $\mathbb{E}[X^p] = p \int_0^\infty x^{p-1} \mathbb{P}(X \geq x) dx$

Proof Using Fubini-Tonelli, write $p \int_0^\infty x^{p-1} \mathbb{P}(X \geq x) dx = p \int_0^\infty x^{p-1} \mathbb{E}[\mathbb{1}_{X \geq x}] dx = \mathbb{E}[\int_0^X p x^{p-1} dx] = \mathbb{E}[X^p]$

Proof of Theorem ① If $\mathbb{E}[M_n^p] = \infty$, there is nothing to prove, so we assume $\mathbb{E}[M_n^p] < \infty$.

Step 1: $M_k \in L^p$. In fact, for $0 \leq k \leq n$, by Jensen's inequality $\mathbb{E}[|M_k|^p] \leq \mathbb{E}[(\mathbb{E}[M_n | \mathcal{F}_k])^p] \leq \mathbb{E}[\mathbb{E}[M_n^p | \mathcal{F}_k]] = \mathbb{E}[M_n^p] < \infty$,

Step 2 $M_n^* = \max_{0 \leq k \leq n} M_k \in L^p$ (recall $M_k \geq 0$). Indeed, $\mathbb{E}[(M_n^*)^p] \leq \mathbb{E}[\sum_{k=0}^n M_k^p] \leq (n+1) \mathbb{E}[M_0^p] < \infty$

Step 3. write $\mathbb{E}[(M_n^*)^p] = p \int_0^\infty a^{p-2} \cdot a \mathbb{P}(M_n^* \geq a) da \leq p \int_0^\infty a^{p-2} \mathbb{E}[M_n \mathbb{1}_{\{M_n^* \geq a\}}] da$
 $= \mathbb{E}[M_n \int_0^{M_n^*} p a^{p-2} da] = \frac{p}{p-1} \mathbb{E}[M_n (M_n^*)^{p-1}]$

Take $q > 1$ such that $\frac{1}{p} + \frac{1}{q} = 1$ ($q = \frac{p}{p-1}$). By Hölder's inequality we get

$$\frac{p}{p-1} \mathbb{E}[M_n (M_n^*)^{p-1}] \leq \mathbb{E}[M_n^p]^{\frac{1}{p}} \mathbb{E}[(M_n^*)^{(p-1)q}]^{\frac{1}{q}}$$

We conclude that $\mathbb{E}[(M_n^*)^p] \leq \frac{p}{p-1} \mathbb{E}[M_n^p]^{\frac{1}{p}} \mathbb{E}[(M_n^*)^p]^{1-\frac{1}{p}}$, which gives the desired result.

2) Martingales bounded in L^p ($p > 1$)

We start with recalling that $\mathbb{E}[|X|] \leq \mathbb{E}[|X|^p]^{\frac{1}{p}}$ for $p > 1$. So (X_n) bounded in $L^p \Rightarrow (X_n)$ bounded in L^1 and $X_n \xrightarrow{L^p} X$ implies $X_n \xrightarrow{L^1} X$

Theorem Let (M_n) be a martingale. Let $p > 1$. Assume that $\sup_{n \geq 0} \mathbb{E}[|M_n|^p] < \infty$. Then:

① M_n converges a.s. and in L^p to a r.v. M_∞ .

② Setting $M_\infty^* = \sup_{n \geq 0} |M_n|$, $\mathbb{E}[(M_\infty^*)^p] \leq \left(\frac{p}{p-1}\right)^p \mathbb{E}[|M_0|^p] = \left(\frac{p}{p-1}\right)^p \sup_{n \geq 0} \mathbb{E}[|M_n|^p]$

Proof: ① Step 1: (M_n) is bounded in L^p , hence in L^1 , so it converges a.s. to a r.v. M_∞

by Doob's L^p inequality, $\mathbb{E}[(M_n^*)^p] \leq \left(\frac{p}{p-1}\right)^p \mathbb{E}[|M_n|^p] \leq \left(\frac{p}{p-1}\right)^p \sup_{n \geq 1} \mathbb{E}[|M_n|^p] < \infty$

Step 2: $M_\infty \in L^p$. Indeed, $M_n^* \uparrow M_\infty^*$, so by monotone convergence we get $\mathbb{E}[(M_\infty^*)^p] \leq \left(\frac{p}{p-1}\right)^p \sup_{n \geq 1} \mathbb{E}[|M_n|^p] < \infty$,

and in particular $M_\infty^* \in L^p$. Since $|M_n| \leq M_n^*$, we get $|M_\infty| \leq M_\infty^*$, so $M_\infty \in L^p$

Step 3 $M_n \xrightarrow{L^p} M_\infty$. Indeed, $|M_n - M_\infty|^p \xrightarrow{a.s.} 0$ and $|M_n - M_\infty|^p \leq (2 \max(|M_n|, |M_\infty|))^p \leq 2^p (|M_n|^p + |M_\infty|^p) \leq 2^{p+1} (M_\infty^*)^p \in L^1$,

$$\mathbb{E}[|M_n - M_\infty|^p] \xrightarrow{n \rightarrow \infty} 0.$$

② By (5) we just have to check that $\mathbb{E}[|M_\infty|^p] = \sup_{n \geq 0} \mathbb{E}[|M_n|^p]$

Since $(M_n)_n$ is a submartingale, $(\mathbb{E}[M_n | \mathcal{F}_n])_{n \geq 1}$ is \uparrow , so

$$\mathbb{E}[M_\infty | \mathcal{F}_\infty] = \lim_{n \rightarrow \infty} \mathbb{E}[M_n | \mathcal{F}_n] \text{ by } L^1 \text{ convergence}$$

$$= \sup_{n \geq 1} \mathbb{E}[M_n | \mathcal{F}_n] \text{ because } (\mathbb{E}[M_n | \mathcal{F}_n])_{n \geq 1} \text{ is } \uparrow$$

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