

To this end we argue as follows: Let $A = \{x \in X : \operatorname{Re}(\mathbb{E}(\bar{f}|A)) < \operatorname{Re}(\mathbb{E}(f|A))\}$ and note that $A \in \mathcal{A}$. Then

$$\begin{aligned} \int_A (\operatorname{Re}(\mathbb{E}(\bar{f}|A)) - \operatorname{Re}(\mathbb{E}(f|A))) d\mu &= \operatorname{Re} \left(\int_A \mathbb{E}(\bar{f}|A) d\mu \right) - \operatorname{Re} \left(\int_A \mathbb{E}(f|A) d\mu \right) \\ &= \operatorname{Re} \left(\int_A \mathbb{E}(\bar{f}|A) d\mu - \int_A \mathbb{E}(f|A) d\mu \right) \\ &= \operatorname{Re} \left(\int_A \bar{f} d\mu - \int_A f d\mu \right) = 0, \end{aligned}$$

which by definition of A shows $\mu(A) = 0$. Similarly one shows that

$$\operatorname{Im}(\mathbb{E}(\bar{f}|A)) = \operatorname{Im}(\mathbb{E}(f|A)) \quad \mu.e.,$$

hence $\mathbb{E}(\bar{f}|A) = \overline{\mathbb{E}(f|A)}$ and thus

$$\operatorname{Re}(\mathbb{E}(f|A)) = \mathbb{E}(\operatorname{Re}(f|A)) \quad \text{and} \quad \operatorname{Im}(\mathbb{E}(f|A)) = \mathbb{E}(\operatorname{Im}(f|A)) \quad \mu\text{-a.s.}$$

To suppose that f is $\mathbb{R}$ -valued and suppose that $\varphi \in L^1(X, \mathcal{A}, \mu)$ satisfies

$$\forall A \in \mathcal{A} \quad \int_A \varphi d\mu = \int_A f d\mu.$$

Then

$$\operatorname{Im} \int \varphi d\mu = \operatorname{Im} \int f d\mu = 0 = \operatorname{Im} \int f d\mu = \operatorname{Im} \int \varphi d\mu \quad \begin{matrix} \{ \operatorname{Im} \varphi > 0 \} & \{ \operatorname{Im} \varphi < 0 \} \\ \{ \operatorname{Im} \varphi > 0 \} & \{ \operatorname{Im} \varphi < 0 \} \end{matrix}$$

shows that $\varphi \in L^1_{\mathbb{R}}(X, \mathcal{A}, \mu)$. In particular $\mathbb{E}(f|A) \in L^1_{\mathbb{R}}(X, \mathcal{A}, \mu)$. Now suppose $g \in L^1_{\mathbb{R}}(X, \mathcal{A}, \mu)$ satisfies

$$\int g d\mu = \int f d\mu = \int \mathbb{E}(f|A) d\mu \quad \begin{matrix} \{ g > \mathbb{E}(f|A) \} & \{ g < \mathbb{E}(f|A) \} \\ \{ g > \mathbb{E}(f|A) \} & \{ g < \mathbb{E}(f|A) \} \end{matrix}$$

implies that $\mu\{g > \mathbb{E}(f|A)\} = 0$ and similarly $\mu\{g < \mathbb{E}(f|A)\} = 0$.

The preceding argument implies more generally that

$$\mathbb{E}(\operatorname{Re}(f|A)) = \operatorname{Re}(\mathbb{E}(f|A)) \quad \text{and} \quad \mathbb{E}(\operatorname{Im}(f|A)) = \operatorname{Im}(\mathbb{E}(f|A)),$$

hence the claim follows by linearity.

End of lecture 14



Theorem (Birkhoff's pointwise/individual ergodic theorem)

Let $(X, \mathcal{B}, \mu, T)$ a p.m.p. For every $f \in L^1(X, \mathcal{B}, \mu)$ we have that

$$A_N f = \frac{1}{N} \sum_{n=0}^{N-1} f \circ T^n \xrightarrow{N \rightarrow \infty} \mathbb{E}(f | \mathcal{E}_T) \quad \text{if } (X, \mathcal{B}, \mu, T) \text{ is ergodic}$$

in $L^1(X, \mathcal{B}, \mu)$ and pointwise μ -a.s.

Lemma

Let $(X, \mathcal{B}, \mu, T)$ a p.m.p. and $f \in L^0(X, \mathcal{B}, \mu)$. Then

$$f \in L^0(X, \mathcal{E}_{T, \mu}) \iff f = U_T f \quad \mu\text{-a.s.}$$

Proof: We assume w.l.o.g. that $f \in L^0_{\mathbb{R}}(X, \mathcal{B}, \mu)$. Given $t \in \mathbb{R}$, let

$$A_t = \{x \in X : f(x) < t\}.$$

Suppose $f \notin L^0(X, \mathcal{E}_{T, \mu})$, then $\forall t \in \mathbb{R} \quad A_t \notin \mathcal{E}_{T, \mu}$.

We devote for $k \in \mathbb{Z}$ and $n \in \mathbb{N}$

$$B_{k,n} = A_{\frac{k+1}{n}} - A_{\frac{k}{n}}.$$

If $U_T f \neq f$, then $\exists E \in \mathcal{B}$ s.t. $\mu(E) > 0$ and $\forall x \in E \quad U_T f(x) \neq f(x)$

$$\Rightarrow \exists n \in \mathbb{N} \quad \mu(\{U_T f - f > \frac{1}{n}\}) > 0$$

$$\Rightarrow \exists k \in \mathbb{Z} \quad \mu(B_{k,n} \Delta T^{-1} B_{k,n}) > 0$$

$$\Rightarrow B_{k,n} \notin \mathcal{E}_{T, \mu} \Rightarrow \exists t \in \mathbb{R} \quad \mu(A_t \Delta T^{-1} A_t) > 0, \text{ since}$$

$$B_{k,n} \Delta T^{-1} B_{k,n} \subseteq (A_{\frac{k+1}{n}} \Delta T^{-1} A_{\frac{k+1}{n}}) \cup (A_{\frac{k}{n}} \Delta T^{-1} A_{\frac{k}{n}})$$

Let $E_1, E_2, F_1, F_2 \subseteq X$, then

$$(E_1 - E_2) \Delta (F_1 - F_2) \subseteq (E_1 \Delta F_1) \cup (E_2 \Delta F_2).$$

Suppose $x \in E_1 - E_2 \Delta F_1 - F_2$, then either $x \notin F_1$ or $x \in F_1 \cap F_2 \cap F_2^c$.
If $x \notin F_1$, then $x \in E_1 \Delta F_1$.

If $x \in F_1 \cap F_2$, since $x \in E_1 - E_2$, we get $x \in E_2 \Delta F_2$.

Hence $A_t \notin \mathcal{E}_{T, \mu} \Rightarrow f \notin L^0(X, \mathcal{E}_{T, \mu})$.

If $U_T f = f$, then $A_t \in \mathcal{E}_{T, \mu}$ for all $t \in \mathbb{R}$. Thus $f^{-1}((a, b)) \in \mathcal{E}_{T, \mu}$ for all $a < b$.

$$\text{Since } f^{-1}((a, b)) = \bigcup_{n \in \mathbb{N}} (A_b - A_{a+\frac{1}{n}}).$$

Exercise: Let $(X, \mathcal{B}, \mu, T)$ a p.m.p. TFAE:

(i) $(X, \mathcal{B}, \mu, T)$ is ergodic.

(ii) $\forall f \in L^2(X, \mathcal{B}, \mu) \quad \mathbb{E}(f | \mathcal{E}_{T, \mu})$ is constant.

Proof of Birkhoff's pointwise ergodic theorem

Let $f \in L^2(X, \mathcal{B}, \mu)$, then $\mathbb{E}(f | \mathcal{E}_T) = \mathbb{E}(f | \mathcal{E}_{T,\mu})$ μ -a.e. Since $\mathcal{E}_T \subseteq \mathcal{E}_{T,\mu}$,

we only have to verify that

$$\forall A \in \mathcal{E}_{T,\mu} \quad \int_A \mathbb{E}(f | \mathcal{E}_T) d\mu = \int_A f d\mu.$$

But, as shown earlier, there is $C \in \mathcal{E}_T$ s.t. $\mu(A \Delta C) = 0$, hence

$$\begin{aligned} \int_A \mathbb{E}(f | \mathcal{E}_T) d\mu &= \int_X \mathbb{1}_A \mathbb{E}(f | \mathcal{E}_T) d\mu = \int_X \mathbb{1}_C \mathbb{E}(f | \mathcal{E}_T) d\mu \\ &= \int_C \mathbb{E}(f | \mathcal{E}_T) d\mu = \int_C f d\mu = \int_X \mathbb{1}_C f d\mu = \int_A f d\mu. \end{aligned}$$

So it suffices to prove $A_N f \rightarrow \mathbb{E}(f | \mathcal{E}_{T,\mu})$. It will be convenient to denote for $g \in L^1(X, \mathcal{B}, \mu)$ $S_0 g = 0$ and $S_N = \sum_{n=0}^N U_T^n g$. Let $\varepsilon > 0$ and $g = f - \mathbb{E}(f | \mathcal{E}_{T,\mu}) - \varepsilon$. Then

$$A_N g = A_N f - \mathbb{E}(f | \mathcal{E}_{T,\mu}) - \varepsilon \quad \mu\text{-a.e.}$$

by the preceding lemma. We want to show that $\limsup_N A_N g \leq 0$ μ -a.e.

Note that $\limsup_N A_N g(x) > 0 \Rightarrow \limsup_N S_N g(x) = \infty$, hence it suffices to show that

$$\mu(\{x \in X : \sup_N S_N g(x) = \infty\}) = 0$$

Note that $U_T S_N g(x) = S_{N+1} g(x) - g(x)$. Thus $\mu(A \Delta T^{-1}A) = 0$, i.e., $A \in \mathcal{E}_{T,\mu}$.
(for any fixed choice of g and ε , $x \in A \Leftrightarrow T^{-1}x \in A$.)

Given $n \in \mathbb{N}$, let $M_n = \max_{0 \leq k \leq n} S_k g$. Then $M_{n+1} = \max\{0, g + M_n \circ T\}$

$$\Rightarrow \forall x \in X \quad M_{n+1}(x) - M_n(Tx) = \max\{-M_n(Tx), g(x)\}.$$

For μ -a.e. $x \in A$ we have that $M_n(Tx) \xrightarrow{n \rightarrow \infty} \infty$, hence for μ -a.e. $x \in A$

$$\lim_{n \rightarrow \infty} M_{n+1}(x) - M_n(Tx) = g(x)$$

We also have $g(x) \leq \max\{-M_n(Tx), g(x)\} = M_{n+1}(Tx) - M_n(Tx) \leq \max\{0, g(x)\}$, i.e.,

$$M_n(Tx) - \max\{0, g(Tx)\} \geq 0$$

$$|M_{n+1} - M_n \circ T| \leq |g| \in L^1(X, \mathcal{B}, \mu).$$

Hence we can use Lebesgue's dominated convergence theorem to deduce

$$\lim_{n \rightarrow \infty} \int_A M_{n+1} - M_n \circ T d\mu = \int_A g d\mu.$$

Note that

$$\begin{aligned} \int_A M_n \circ T d\mu &= \int_X \mathbb{1}_A \cdot M_n \circ T d\mu \stackrel{A \in \mathcal{E}_{T,\mu}}{=} \int_X (\mathbb{1}_A \cdot M_n) \circ T d\mu = \int_X \mathbb{1}_A \cdot M_n d\bar{T}_\mu \\ &= \int_X \mathbb{1}_A \cdot M_n d\mu = \int_A M_n d\mu, \end{aligned}$$

Thus

$$\begin{aligned} \lim_{n \rightarrow \infty} \int_A M_{n+1} - M_n \circ T d\mu &= \lim_{n \rightarrow \infty} \int_A M_{n+1} - M_n d\mu \geq 0 \\ &\Rightarrow \int_A g d\mu \geq 0. \end{aligned}$$

Since $A \in \mathcal{E}_{T,\mu}$, we have

$$\int_A g d\mu = \int_A (f - \mathbb{E}(f | \mathcal{E}_{T,\mu}) - \varepsilon) d\mu = -\varepsilon \mu(A),$$

$$\text{Thus } \mu(A) = 0.$$

It follows that $\limsup_N A_N g \leq 0$ μ -a.s., thus — since ε was arbitrary — we find that

$$\limsup_N A_N f \leq \mathbb{E}(f | \mathcal{E}_{T,\mu}) \quad \mu\text{-a.s.}$$

Similarly, we have that replacing f by $-f$ yields

$$\limsup_N A_N (-f) \leq \mathbb{E}(-f | \mathcal{E}_{T,\mu}) = -\mathbb{E}(f | \mathcal{E}_{T,\mu})$$

$$\text{---} \liminf_N A_N f,$$

μ -a.s.

$$\text{Thus } A_N f \rightarrow \mathbb{E}(f | \mathcal{E}_{T,\mu}) \quad \mu\text{-a.s.}$$

It remains to prove L^1 -convergence. Let $\varphi \in L^2(X, \mathcal{B}, \mu)$ such that $\|\varphi - \varphi\|_1 < \varepsilon$.

Then

$$\begin{aligned} \|A_N \varphi - \mathbb{E}(\varphi | \mathcal{E}_{T, \mu})\|_1 &\leq \|A_N \varphi - A_N \varphi\|_1 + \|A_N \varphi - \mathbb{E}(\varphi | \mathcal{E}_{T, \mu})\|_1 \\ &\quad + \|\mathbb{E}(\varphi - \varphi | \mathcal{E}_{T, \mu})\|_1 \\ &\leq \underbrace{3\|\varphi - \varphi\|_1}_{< \varepsilon} + \underbrace{\|A_N \varphi - \mathbb{E}(\varphi | \mathcal{E}_{T, \mu})\|_2}_{\xrightarrow[N \rightarrow \infty]{\text{V. I. convergence}} 0} \end{aligned}$$

Corollary

Let $(X, \mathcal{B}, \mu, T)$ ergodic. Let $f \in L^1(X, \mathcal{B}, \mu)$. Then
$$\frac{1}{N} \sum_{n=0}^{N-1} f \circ T^n \xrightarrow{N \rightarrow \infty} \int_X f d\mu \quad \mu\text{-a.s.}$$

Three examples of ergodic transformations (more to come)

(i) Let $\alpha \in \mathbb{R} \setminus \mathbb{Q}$ and let $R_\alpha: \mathbb{T} \rightarrow \mathbb{T}$ the rotation by α . We will show that $(\mathbb{T}, \mathcal{B}(\mathbb{T}), \text{Leb}, R_\alpha)$ is ergodic.

Suppose $f \in L^2(\mathbb{T}, \text{Leb})$ and $f \circ R_\alpha = f$. We know from analysis IV that

$$f = \sum_{n \in \mathbb{Z}} a_n(f) e_n,$$

where $e_n: \mathbb{T} \rightarrow \mathbb{C}$ and $a_n(f) = \int_{\mathbb{T}} f(x) \overline{e_n(x)} dx$. We also know that f is completely and uniquely determined by $(a_n(f))_{n \in \mathbb{Z}}$ and that $\sum_{n \in \mathbb{Z}} |a_n(f)|^2 = \|f\|_2^2$.

Let $n \in \mathbb{Z}$ arbitrary, then

$$\begin{aligned} a_n(f) &= \int_{\mathbb{T}} f(x) \overline{e_n(x)} dx = \int_{\mathbb{T}} (f \circ R_\alpha)(x) \overline{e_n(x)} dx \\ &= \int_{\mathbb{T}} f(x+\alpha) \overline{e_n(x)} dx = \int_{\mathbb{T}} f(x) \overline{e_n(x-\alpha)} dx = e_n(\alpha) \int_{\mathbb{T}} f(x) \overline{e_n(x)} dx \\ &= e^{2\pi i n \alpha} a_n(f). \end{aligned}$$

Hence, since $\alpha \in \mathbb{R} \setminus \mathbb{Q} \Rightarrow \forall n \in \mathbb{Z} - \{0\} \quad e^{2\pi i n \alpha} \neq 1$, it follows that $a_n(f) = 0$ for all $n \in \mathbb{Z} \setminus \{0\}$, i.e.,

$$f = a_0(f) \mathbb{1}_{\mathbb{T}}.$$

(ii) Again, let $f \in L^2(\mathbb{T}, \text{Leb})$ and suppose $f \circ T_p = f$. Let $n \in \mathbb{Z}$ and $k \in \mathbb{N}$, then

$$\begin{aligned} a_{p^k n}(f) &= \int_{\mathbb{T}} f(x) \overline{e_{p^k n}(x)} dx = \int_{\mathbb{T}} f(x) \overline{e_n(p^k x)} dx \\ &= \int_{\mathbb{T}} (f \circ T_p^{-k})(x) \overline{e_n(T_p^{-k} x)} dx = \int_{\mathbb{T}} f(x) \overline{e_n(x)} dT_p^{-k} \text{Leb}(x) \\ &= \int_{\mathbb{T}} f(x) \overline{e_n(x)} dx = a_n(f). \end{aligned}$$

If $n \in \mathbb{Z} - \{0\}$, $k \mapsto p^k n$ is injective and, thus,

$$\infty > \|f\|_2^2 = \sum_{n \in \mathbb{Z}} |a_n(f)|^2 \geq \sum_{k \in \mathbb{N}} |a_{p^k n}(f)|^2 = \sum_{k \in \mathbb{N}} |a_n(f)|^2$$

implies $a_n(f) = 0$.

(iii) Let $A = \{0, -1, 1\}$, $X = A^{\mathbb{Z}}$, $\mathcal{B} = \mathcal{B}(X)$, $\mu = \frac{1}{3} \mathbb{P}^{\otimes \mathbb{Z}}$ ($\mathbb{P}$ probab), $\sigma: X \rightarrow X$ left-shift.

Then $(X, \mathcal{B}, \mu, \sigma)$ is ergodic.

Recall

An algebra $\mathcal{A}$ over X is a subset $\mathcal{A} \subseteq 2^X$ which is a semi-algebra such that for all $A \in \mathcal{A}$ we have $X - A \in \mathcal{A}$.

Theorem

Let $(X, \mathcal{B}, \mu)$ a probability space and $\mathcal{A} \subseteq \mathcal{B}$ an algebra, then

$$\{\mathcal{B} \in \mathcal{B} : \forall \varepsilon > 0 \exists A \in \mathcal{A} \mu(A \Delta \mathcal{B}) < \varepsilon\}$$

is a σ -algebra.

In particular, $\sigma(\mathcal{A}) \subseteq \{\mathcal{B} \in \mathcal{B} : \forall \varepsilon > 0 \exists A \in \mathcal{A} \mu(A \Delta \mathcal{B}) < \varepsilon\}$.

We let $\mathcal{A}$ be the algebra generated by the cylinder sets. Any element in $\mathcal{A}$ is a finite union of cylinders.

Let $E \in \mathcal{B}$ invariant, i.e., $T^{-1}E = E$. Since $\mathcal{B}$ is generated by $\mathcal{A}$, let $\varepsilon > 0$ arbit